



# Resources

## Grief Series Episode 8

**Date:**

This is a list of resources with regards to receiving a prenatal life-limiting diagnosis. This is not an exhaustive list, however, we hope it will help you get started in your own search for support and resources.

### **Websites:**

[CarryingToTerm.org](http://CarryingToTerm.org) - "Carrying To Term is dedicated to providing non-directive information on pregnancy continuation for prenatal diagnoses of life-limiting conditions. By broadening access to evidence-based resources and compassionate logistical and emotional support, we empower women and families to make fully informed choices as they navigate a deeply personal journey. We also work to equip health care providers with the knowledge and tools they need to clearly communicate carrying to term as an option to their patients, elevate the shared decision-making process, and implement a coordinated care strategy."

[Stillbirthday.com](http://Stillbirthday.com)- Supports birth in every trimester no matter the outcome. Provides indepth information on pregnancy losses and birth and bereavement doula services locator. It also provides opportunities for online community and support through sharing of stories and the annual Hearts Release honoring all babies gone too soon.

[PerinatalHospice.org](http://PerinatalHospice.org)- "A clearinghouse of information about perinatal hospice & palliative care, including many resources for parents and caregivers as well as an international list of more than 300 programs." Founded by Amy Kuebelbeck, author of *A Gift of Time: Continuing Your Pregnancy When Your Baby's Life is Expected to be Brief*.

**Books:** (Links provided are not affiliate links. Our Little Sparrows does not receive a commission on any sales of the below listed books).

[\*A Gift of Time: Continuing Your Pregnancy When Your Baby's Life is Expected to be Brief.\*](#)- By Amy Kuebelbeck and Deborah L. Davis

[\*Navigating the Unknown- An Immediate Guide When Experiencing the Loss of Your Baby.\*](#) By Amie Lands

[\*I will Carry You\*](#)- By Angie Smith

### **Blogs:**

[ouroliviahope.blogspot.com](http://ouroliviahope.blogspot.com)- Our (Geoff and Toni's) personal blog written at the time of our pregnancy.