

May 2021



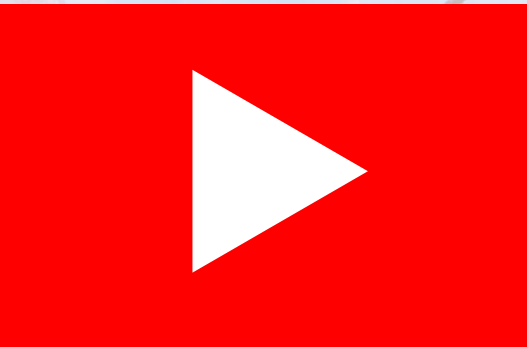
THE SPARROW

2021
2nd Quarter Newsletter

Vol 1 Issue 2



www.ourlittlesparrows.org



SIERRA PREGNANCY + HEALTH



JANUARY - MARCH 2021 IN REVIEW

With 2020 in the rearview mirror, we started 2021 off with a new series on "Self-Care." Toni and I were also interviewed by Angel Talk Podcast. p. 02

NONPROFIT HIGHLIGHT

Sierra Pregnancy and Health is a local nonprofit that we are personally involved in. We attended their annual fundraiser in May. Check out what is new and how they are making a difference this year!
p. 03

[UPDATE] OUR VISION FOR 2021

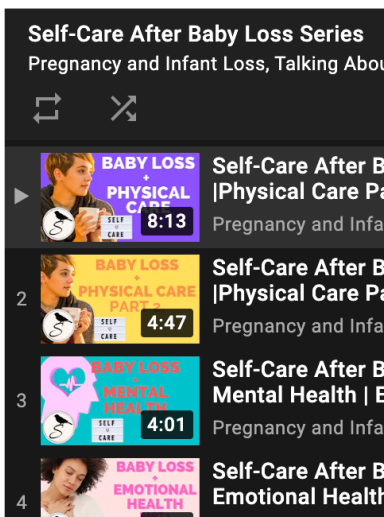
We are looking forward to this new year! The plans we have are ambitious to say the least. Thank you for following us in love and support. p. 02

DATES TO REMEMBER!

- April- Child Life Awareness Month
- April- Pregnancy After Loss Awareness Month
- April 4th- Easter
- May 2nd- Bereaved Mother's Day
- May 6th to May 12th- Nurses Week
- May 9th- Mother's Day



- May 31st- Memorial Day
- June 20th- Father's Day



[UPDATE] OUR VISION FOR 2021

by Geoff & Toni Brabec

- To begin, we will be for the first time be committing to a quarterly newsletter. Our goal is to keep our followers up to date on what we are up to but also what is happening in the Pregnancy and Infant Loss Community.

[Update] We are not quite dialed in yet, but we have released our 2nd Quarter Newsletter which you are reading right now.

- We are encouraged to announce that Our Little Sparrows is seeking nonprofit status in 2021. Our intent is to join other nonprofits in our community that directly give back to parents of loss from tax-deductible funds received. We wish to walk beside even more parents before and after the death of their baby(ies). Becoming a 501c3 will also allow...

CONTINUED TO P. 03

“

Our Little Sparrows is seeking Nonprofit status in 2021!

JAN-MARCH 2021 IN REVIEW

by Geoff & Toni Brabec

Experiencing baby loss in a lot of ways changes our daily lives. It is important to not lose sight of our own health which is easy to do. Sometimes we need to hear from someone else on how to get back on track. This is what inspired Toni and I to write and record this [Series on Self-Care](#). Based on our personal experience together and that of shared experiences from other parents in the loss community, we came up with 6 self-care topics: physical, emotional, practical, social, professional, and spiritual health. If interested we encourage you to check out this series [here](#).

We had the honor and pleasure of being interviewed by [Angel Talk Podcast](#) (Available on [iTunes](#) and [Spotify](#)) back in February. Brynn and Phillip from [Raise for Rowyn](#) who co-host the podcast graciously reached out with the desire to interview us as parents of baby loss. Their non-profit organization financially supports families that have lost a young child with funds to aid with funeral costs. The interview not only allowed us to share about Olivia but also the mission of Our Little Sparrows. It was a blessing to be able to share our story.

...us the opportunity to give back to our community in unique ways that will impact future families that have yet to experience the devastating loss of their baby(ies).

[Update] We have officially started the paperwork and registration process!

- Expanding our local outreach and networking will also be a priority in this new year. Due to Covid-19, we will be creating media packets to introduce O.L.S. to local like-minded nonprofits, foundations, hospitals (maternity wards, child life specialists, social workers, chaplains), maternal-fetal medicine specialists, churches, local mothers groups, etc. In the future, we endeavor to not only meet in person but offer workshops and seminars to further our mission of supporting parents before and after their loss.

[Update] Slowly but steadily we are working on generating our own marketing material. Definitely a work in progress

- We will be continuing to produce new content for our [YouTube Channel](#). Our weekly video podcasts will talk about living day-to-day after a loss. This year we will address the grief that we experience, we will define it, and give helpful tips based on our personal experience and shared resources. Profile interviews will be something new for 2021. We endeavor to amplify the voices of nonprofits, foundations, artists, and authors in the pregnancy and infant loss community through interviews that will be made available on [YouTube](#) as well our social media platforms including [YouTube](#), [Facebook](#), [Instagram](#), and [LinkedIn](#).

[Update] Ongoing...

SIERRA

PREGNANCY + HEALTH

NONPROFIT HIGHLIGHT

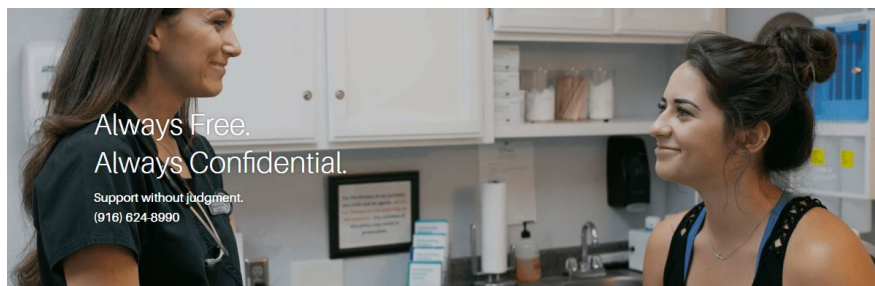
by Toni Brabec

Sierra Pregnancy is a very special and unique place with a mission and vision to share the love of Jesus with all they encounter. For those who are pregnant, whether planned or unplanned, Sierra Pregnancy is a faith-based, life-affirming, state licensed medical clinic that offers physical, emotional and spiritual support before, during and after pregnancy. They offer pregnancy testing, ultrasounds, STI testing, pregnancy and parenting classes and reproductive grief support, all of which are free of charge. And they offer so much more than that. They offer an open heart, and listening ears and a hope for the future to everyone who walks through their door. The staff, the doctors and nurses work together to show the love of Christ to all who enter.



Geoff and I recently attended their annual Life and Light Gala Fundraiser which was held earlier in May. It was amazing to see so many people (over 500) turn out to support Sierra Pregnancy and Health.

This year, Sierra Pregnancy received a new ultrasound machine which also offered 3D capabilities. This feature offers patients a closer look at their baby. As they were training their nurses how to operate and obtain 3D images, I (Toni) was able to volunteer as an expectant model and got to see our baby girl twice. Sierra Pregnancy also announced that they are now able to offer patients the abortion pill reversal. This is a huge stepping stone in offering hope to those who have started the chemical abortion process and experience regret or second thoughts. God is moving and working through Sierra Pregnancy and Health. Regardless of what background you come from, regardless of whatever situation you are in, ALL are welcome.



PAST NEWSLETTERS



Click or Tap Below, All Titles Are Linked!

Vol 1 Issue 1 - 1st Ever Newsletter



WHERE TO FIND US



Our Little Sparrows

1212 Coloma Way
Suite D, Office #1
Roseville, CA. 95661

Ph: 916-572-6265
Email: info@ourlittlesparrows.org
www.ourlittlesparrows.org



HOW CAN YOU SUPPORT OUR LITTLE SPARROWS?

- **Prayer**
 - for families who have suffered the loss of their baby
 - Seeking God's wisdom and discernment as we follow His direction.
 - We are just about 35 weeks pregnant with a healthy beautiful baby girl. We have roughly 4 weeks until our scheduled C-section. Please pray for the health of the babe and momma.
- **Financial Support**
 - OLS has been self-funded to this point. We appreciate donations to keep providing resources to our parents who have experienced baby loss.
 - We welcome donations that will be used directly towards the cost of registering as a non-profit as well as 501(c)(3) status.
 - Contact us directly for information on how to make a donation or go [here](#).