

July 2021



THE SPARROW

2021
3rd Quarter Newsletter

Vol 1 Issue 3



www.ourlittlesparrows.org



**PREGNANCY
AFTER
BABY LOSS?**



APRIL - JUNE IN REVIEW

Well we had a busy and productive past 3 months. We produced a new series for pregnancy after loss. On Father's Day, we offered something very special for Dads. p. 02

NONPROFIT HIGHLIGHT

Faith's Lodge is a unique and very special retreat center for families of child loss. The lodge is grand and the grounds are beautiful. The staff at this one of a kind destination offer the opportunity for connecting and healing with nature and other families. p. 03

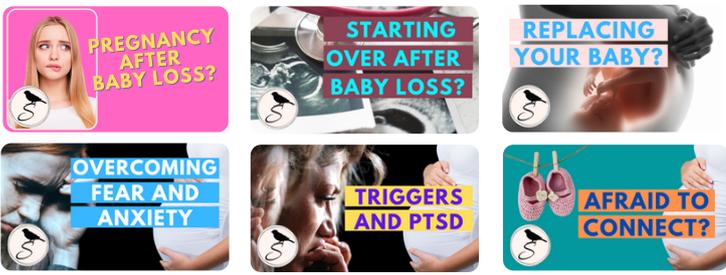
[UPDATE] OUR VISION FOR 2021

We are looking forward to this new year! The plans we have are ambitious to say the least. Thank you for following us in love and support. p. 02

DATES TO REMEMBER!

- July- Bereaved Parents Month
- August 22nd- National Rainbow Baby Day
- August 29th- Annual Bereaved Father's Day
- August 30th- National Grief Day
- September 6th-12th- NICU Nurses Week
- September 30th NICU Awareness Day





[UPDATE] OUR VISION FOR 2021

by Geoff & Toni Brabec

APRIL-JUNE 2021 IN REVIEW

by Geoff & Toni Brabec

The journey of a subsequent pregnancy after a previous loss is often glossed over and not paid enough attention to. Moms and dads alike may or may not know what to expect on this journey. It is important that parents have the space to explore their thoughts and emotions about living through loss. It is also important to note that loved ones, family, and friends are often too quick to move on from our loss and shower us with love and support for the "new" baby that is to come. They, like moms and dads, do not know what to expect and often try to put on a good face for everyone involved.

With this personal knowledge and understanding, Toni put pen to paper to write a special video series titled, "Pregnancy After Baby Loss." In this video series posted on our YouTube channel, Toni and I share important points of knowledge and understanding as well as practical tools to help moms and dads. You can view the video series on our YouTube channel [here.](#)

For Father's Day this year, Geoff put together a special opportunity for Dad's to be recognized. We reached out to all of our social media followers offering them the opportunity to submit their dad and the name(s) of their baby(ies). You can view the special project [here.](#)

- To begin, we will be for the first time be committing to a quarterly newsletter. Our goal is to keep our followers up to date on what we are up to but also what is happening in the Pregnancy and Infant Loss Community.

[Update] Welcome to our 13rd quarter newsletter.

- We are encouraged to announce that Our Little Sparrows is seeking nonprofit status in 2021. Our intent is to join other nonprofits in our community that directly give back to parents of loss from tax-deductible funds received. We wish to walk beside even more parents before and after the death of their baby(ies). Becoming a 501c3 will also allow...

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Our Little Sparrows is seeking Nonprofit status in 2021!

...us the opportunity to give back to our community in unique ways that will impact future families that have yet to experience the devastating loss of their baby(ies).

[Update] We have officially started the paperwork and registration process! This is a long waiting game. Praying that everything will get approved.

- Expanding our local outreach and networking will also be a priority in this new year. Due to Covid-19, we will be creating media packets to introduce O.L.S. to local like-minded nonprofits, foundations, hospitals (maternity wards, child life specialists, social workers, chaplains), maternal-fetal medicine specialists, churches, local mothers groups, etc. In the future, we endeavor to not only meet in person but offer workshops and seminars to further our mission of supporting parents before and after their loss.

[Update] Slowly but steadily we are working on generating our own marketing material. Definitely a work in progress.

- We will be continuing to produce new content for our [YouTube Channel](#). Our weekly video podcasts will talk about living day-to-day after a loss. This year we will address the grief that we experience, we will define it, and give helpful tips based on our personal experience and shared resources. Profile interviews will be something new for 2021. We endeavor to amplify the voices of nonprofits, foundations, artists, and authors in the pregnancy and infant loss community through interviews that will be made available on [YouTube](#) as well our social media platforms including [YouTube](#), [Facebook](#), [Instagram](#), and [LinkedIn](#).

[Update] Ongoing...



NONPROFIT HIGHLIGHT

by Toni Brabec

In October of 2017, Geoff and I attended [Faith's Lodge](#) in Danbury, Wisconsin. [Faith's Lodge](#) is a place that supports families who are coping with the death or a medically complex condition of a child. It is a beautiful place to get away either just as a couple or with your family and enjoy the healing benefits of nature and meeting other families going through similar struggles.

At [Faith's Lodge](#), we were surrounded by trees, a lake, beautiful sunrises and sunsets. Everywhere at Faiths Lodge are displays of love, honor, and remembrance. As we toured the property during



our long weekend, we saw bird houses, painted rocks, flower gardens and bricks all created in memory of a beloved baby/child. We also found journals throughout the lodge penned with hand written love notes and stories from parents to their baby/ child. There was a journal in our room where we could also write about our sweet Olivia Hope. The lodge exudes warmth and comfort.

We had specific scheduled times where we met as a group led by an LMFT Therapist. Each family was given the opportunity to share if they wanted to. The support you receive when you open yourself up to sharing and listening to others is a gift of healing you can't put into words. We connected with each other. We shared our pain, our hurt and most of all our love for our babies. We even laughed. And we laughed a lot!

Each one of us stepped out and actively participated in the process of bringing healing into our lives. We came to [Faith's Lodge](#) as strangers and walked away strengthened by our new friendships born out of the love we have and share for our babies.



PAST NEWSLETTERS



Click or Tap Below, All Titles Are Linked!

Vol 1 Issue 2



WHERE TO FIND US



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HOW CAN YOU SUPPORT OUR LITTLE SPARROWS?

- Prayer
 - Seeking God's wisdom and discernment as we follow His direction.
 - Pray for families who have suffered the loss of their baby.
 - Our baby girl (Audrey) came 4 weeks early!!! Please pray for her continued health as she grows quickly. Please pray as we adjust to being a family of 4 now.
- Financial Support
 - OLS has been self-funded to this point. We appreciate donations to keep providing resources to our parents who have experienced baby loss.
 - We welcome donations that will be used directly towards the cost of registering as a non-profit as well as 501(c)(3) status.
 - Contact us directly for information on how to make a donation or go [here](#).